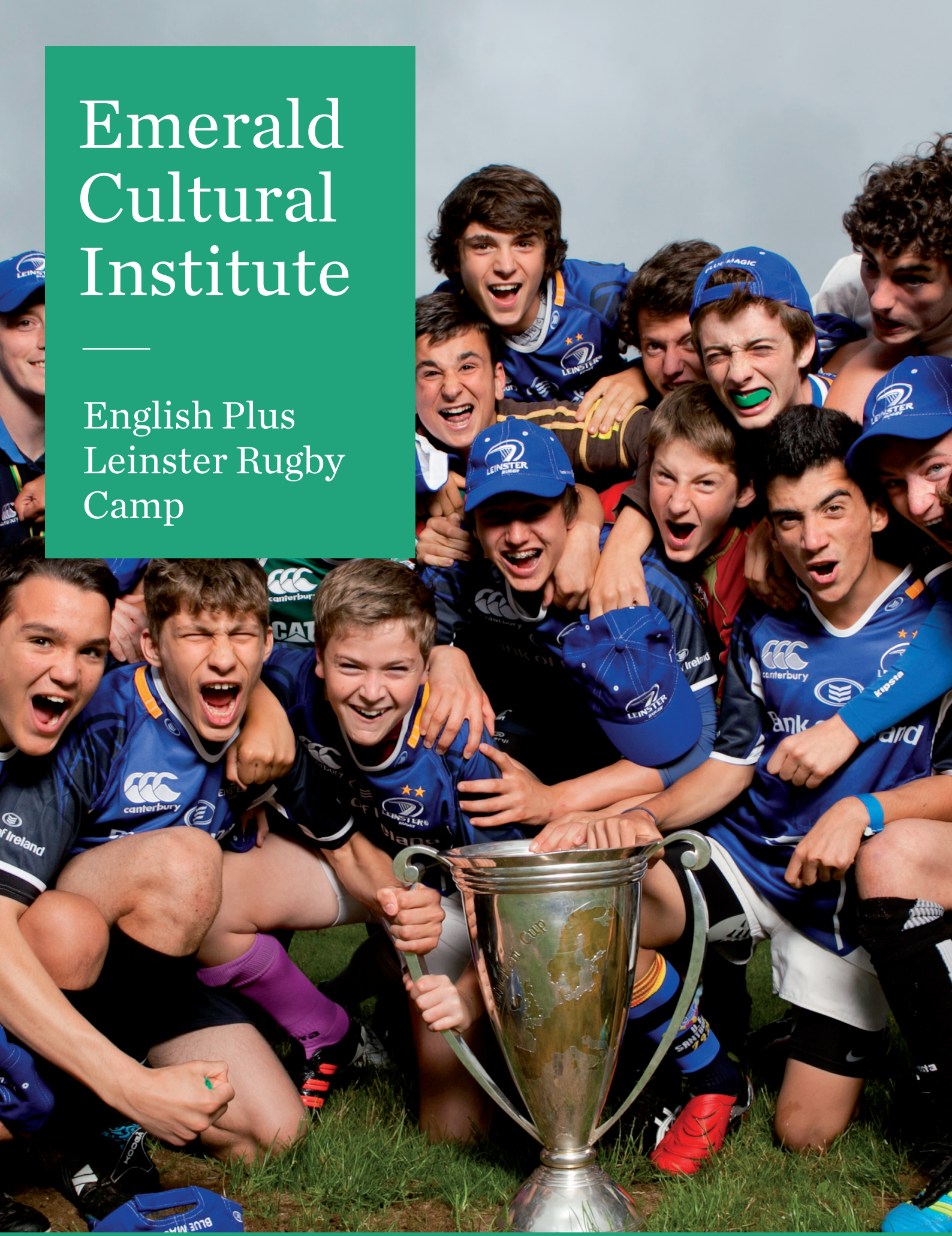
Emerald Cultural Institute

English Plus Leinster Rugby Camp



ENGLISH LANGUAGE
AND PROFESSIONAL
DEVELOPMENT

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English Plus Leinster Rugby Camp

The Emerald Cultural Institute in association with Leinster Rugby Club are delighted to offer our English Plus Leinster Rugby Camp in July.

This course is designed for students between the ages of 11 and 18 years and offers young people the possibility to improve their English and their rugby skills in a two-week programme.

The camp aims to provide players with a comprehensive rugby-training package, which allows them to experience similar conditions to players at the top level.

During their course, players partake in a structured rugby development programme. Emphasis will be placed on skill development, game understanding, activity and enjoyment. In particular, players will develop core rugby skills and learn to perform them under challenging conditions through high class coaching in a professional environment. Coaches are accredited by the Irish Rugby Football Union.

About Leinster Rugby Club

Founded in 1875, Leinster Rugby Club is a premier Irish professional rugby team based in Dublin.

They have won three European Cup championships in recent years and the team features a host of international players, including Sean O'Brien and Jamie Heaslip.

Dates

See Price List or contact the Institute.

Timetable

Group tuition with two different teachers.

09.00-10.00	**Teacher 1** – Grammar and Use of Language	Monday - Friday Mornings
10.00-10.15	Early-morning break	
10.15-11.15	**Teacher 2** - Speaking and Listening Skills	
11.15-11.30	Mid-morning break	
11.30-12.30	**Teacher 3** – Fluency Practice and	

Monday–Friday afternoons

The objective of the Rugby Camp is to give expert quality training to motivated and talented young players who wish to improve their technical and tactical knowledge of the game. Coaches focus on skills development in areas including passing, tackling, positioning, contact and game sense. Each participant receives a Leinster kit and an official Leinster diploma upon completion of the programme. Students will also have the opportunity to meet a member of the Leinster Academy.

Class Levels & Availability

Classes are available at all learning levels from complete Beginner to Advanced.

Teaching Materials

We use the most up-to-date textbooks and teaching materials. Junior students are entitled to the use of a textbook during their course and receive supplementary academic materials that they can keep.

Evening and Weekends

Education and culture form an integral part of the overall programme, and for the students participating in the Rugby Camp, the Emerald Cultural Institute organises a programme of activities in the evenings and at the weekend.

Evenings:

At least 2 evening activities per week included in programme – discos, music nights, bowling, quasar, etc.

Weekends:

A full-day excursion is included each weekend to a place of interest outside of Dublin. We also organise a guided tour of the AVIVA Stadium, home to Ireland's International Rugby Team.

Locations

English classes for the English Plus Leinster Rugby Camp are held at various locations including

1. Alexandra College, Miltown, Dublin 6.
2. Griffith College, South Circular Road, Dublin 8.

Rugby Sample Programme

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Level Test	English Lesson	English Lesson	English Lesson	English Lesson	Free Day	Full-Day Trip to Kilkenny Castle & City
Break	Break	Break	Break	Break		
English Lesson	English Lesson	English Lesson	English Lesson	English Lesson		
Break	Break	Break	Break	Break		
English Lesson	English Lesson	English Lesson	English Lesson	English Lesson:		
Lunch	Lunch	Lunch	Lunch	Lunch		
Rugby Camp Training	Rugby Camp Training	Rugby Camp Training	Rugby Camp Training	Rugby Camp Training		
	Irish Music Night		Tour of Aviva National Stadium			

Students can combine the Leinster Rugby Camp with any of Emerald's range of Camps.

Rugby Camp Training includes the following:

Lateral Passing and Support, Varied Passing, Continuity in Contact, Channel Support, Evasion, Tackling, Physical Literacy, Game Sense / General Movement, Conditioned Games and Positional Clinics.

Course	Course Code	Age	Morning Programme	Afternoon Programme	Period
Multi-activity	SUM1	11-17	English Programme	Full programme of activities, sports, and excursions	June, July, August
Juventus Academy	SUM2	11-17	English Programme	Juventus Academy technical programme	July
English + Horse-riding	SUM4	11-17	English Programme	Horse-riding	July
Intensive Course	SUM7	14-17	English Programme	Additional English Lessons	July
STEM	SUM9	13-17	English and STEM lessons	Activities	July/August

* Students staying for longer than 2 weeks can choose to combine any of the above programmes.

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