

AYP

Academic Year Programme



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cultural institute

Experience Tradition, Embrace Innovation



Overview

Our Academic Year Programmes can be structured to suit each individual's requirements and a suitable study path is designed for the student based on the starting level, academic needs and learning objectives.

Flexibility is a key part of the programme allowing students to combine different modules and courses within their Academic Year Programme.

All our Academic Year students are monitored regularly throughout their programme by their academic mentor, their class teachers and the Director of Studies.



At a glance

Tuition: Choice of 20 or 26-hour programmes or a combination of both

Duration: From 25 to 35 weeks

Age: 18+

Starts: Every Monday

Levels: CEFR Elementary A1 to Advanced C1

Students of an appropriate language level may incorporate any of our afternoon options into their study programme. Compatible with preparation for the Oxford Test of English, TIE, IELTS, or a Cambridge ESOL examination.

*Academic Year Programmes may be subject to change as a result of updates to the current Immigration Guidelines and Procedures. *Immigration regulations require all non -EU students to undertake a recognised examination at the end of an Academic Year Programme. Recognised Examinations accepted by Immigration include the Oxford Test of English, TIE, IELTS, or a Cambridge ESOL examination.

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Sample Study Path

Students joining our Academic Year Programme can choose different Intensive (20 hours) or Intensive Plus (26 hours) options within their study path. Students together with their academic mentor will select the courses that will best help them to achieve their academic goals.

Intensive Course (20 Hours)

Cambridge Examination Course (20 hours)

IELTS Examination Course (20 hours)

Intensive Plus Speaking Skills (26 hours)

Intensive Plus Business (26 hours)

Intensive Plus EAP (26 hours)

Intensive Plus IELTS Preparation (26 hours)

Academic Year Programme 1:

Course Length 35 weeks x 20 hours



Starting Level
Pre-Intermediate A2



Course Combinations
Intensive Course – 23 weeks

FCE Preparation Course – 12 weeks



Target
FCE Exam

Academic Year Programme 2:

Course Length
25 weeks x 26 hours



Starting Level
Intermediate B1



Course Combinations
Intensive Plus Speaking Skills – 13 weeks

Intensive Plus IELTS – 6 weeks

Intensive Plus EAP – 6 weeks



Target
Pre-Advanced

IELTS 6

Academic Year Programme 3:

Course Length
30 weeks =
15 weeks x 26 hours
15 weeks x 20 hours



Starting Level
Intermediate B1



Course Combinations
Intensive Plus Speaking – 9 weeks

IELTS Examination Preparation – 15 weeks

Intensive Plus Business – 6 weeks



Target
IELTS 6.5

Services For Long-Term Students

Academic Mentoring

Our mentoring programme ensures that every student receives 1:1 personalised attention for the duration of the programme. Our mentors are senior members of the academic staff and can provide academic guidance, advice and support

in order to help students to make the most of their studies.

The mentor works with the student to help in the following areas:

- Study planning
- Monitoring progress
- Course options
- Afternoon module choices
- Examination registration and preparation
- Study skills
- Career and further study opportunities

How the Mentoring Programme operates:

Members of the academic team meet all new students on their first day and check in with them again towards the end of the first week. This ensures that students feel supported in all aspects of their experience, not just their academic progress.

Long-term students are scheduled for a follow-up meeting after their first month and regularly

after this. During these sessions, we discuss their progress and offer tailored advice on improving their English or practising outside the classroom. We also advise them on their study programme and provide advice on exam preparation and options. This guidance helps students make informed decisions about their academic programme and long-term plans. After their mentoring sessions, students receive personalised recommendations via the GelNet system. These are recorded on their app. This ensures they have a clear record of the advice given and practical steps they can take.

Students are encouraged to visit the academic office and can make an appointment with a mentor at any time they wish throughout their programme. Members of the academic team are always available to assist students outside of the scheduled meetings.



Personalised support

The mentoring programme ensures that every student receives 1:1, personalised attention.

Open-door policy

Students know they can come to us at any time for a range of issues, whether it's about settling into life in Dublin, moving classes, advice on exams, or future academic or career goals.

This ensures that students feel supported in all aspects of their experience, not just their academic progress.

Having the one-to-one mentoring sessions gives students more confidence to know that there's someone they can go to with any questions about their programme.

While we're always happy to help students with concerns, it's just as important to support those who are doing well and provide advice and encouragement where needed.

Regular check-ins after one month

Long-term students (those here for over a month) are scheduled for a 20-30 minute check-in after their first month.

During these sessions, we discuss their progress, address any challenges, and offer tailored advice on improving their English or practising outside the classroom.

Proactive issue identification and early intervention

By monitoring weekly test results and attendance with them in the mentor session, we can identify potential issues early and offer support where needed.

Encouraging social and academic engagement

Students are encouraged to get involved in school activities and integrate into the community if they haven't already done so. We can also recommend personalised activities or study techniques that align with their goals.

Professional guidance on exams and future goals

We provide professional advice on exam preparation and options. This guidance helps students make informed decisions about their learning journey and long-term plans.

Using GelNet for recommendations

After their mentoring sessions, students receive personalised recommendations via the GelNet system, which are recorded on their app.

This ensures they have a clear record of the advice given and practical steps they can take.

Building a stronger connection to the programme

Mentoring sessions give students a chance to reflect on their experience, share feedback, and talk about any areas for improvement.

We also use these sessions to gather positive feedback, which often highlights what students are enjoying and how the programme is meeting their needs.

Supporting long-term goals beyond the classroom

For students planning their next steps, we offer guidance on career options, writing CVs, booking exams, and any other individual needs.

This helps reinforce the school's commitment to holistic student development and long-term success.

Aligning with good practices in further education

Personalised mentoring and early intervention are widely recognised as key components of effective student support.

These practices contribute to stronger academic performance and a more engaged student body, stronger academic performance, and a more engaged student body.



Seminars and Career Guidance

We run a series of informative seminars to help our Academic Year students settle into life in Ireland and make the most of their experience.

Seminars include:

Living and Working in Ireland

CV Preparation & Interview Techniques

Immigration Procedures & Registration

Further Study Options

We provide information and details about pathway and university foundation programmes as well as the different third level options which can be accessed by students. Our Academic team is available to assist students with the application procedures for further study.

