



Sample Programme (Host Family)

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------|--|---|---|---|---|----------|---|
| 9.00 - 10.30 | Placement Test | English Lesson: Grammar and Use of English | English Lesson: Grammar and Use of English | English Lesson: Grammar and Use of English | English Lesson: Grammar and Use of English | Free Day | Day Trip Malahide Castle and Howth |
| 10.00 - 10.15 | Break | Break | Break | Break | Break | | |
| 10.15 - 11.15 | Orientation | English Lesson: Reading Skills and Vocabulary | English Lesson: Reading Skills and Vocabulary | English Lesson: Reading Skills and Vocabulary | English Lesson: Reading Skills and Vocabulary | | |
| 11.15 - 11.30 | Break | Break | Break | Break | Break | | |
| 11.30 - 12.30 | English Lesson: Listening and Fluency Skills | English Lesson: Listening and Fluency Skills | English Lesson: Listening and Fluency Skills | English Lesson: Listening and Fluency Skills | English Lesson: Listening and Fluency Skills | | |
| 12.30 - 13.30 | Lunch | Lunch | Lunch | Lunch | Lunch | | |
| Afternoon | Multi Activity Horse-Riding programme* | Multi Activity Horse-Riding programme* | Multi Activity Horse-Riding programme* | Multi Activity Horse-Riding programme* | Multi Activity Horse-Riding programme* | | |
| Evening | | African Drumming | | Disco | | | |

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------|--|---|---|---|---|---|-----------|
| 9.00 - 10.30 | Placement Test | English Lesson: Grammar and Use of English | English Lesson: Grammar and Use of English | English Lesson: Grammar and Use of English | English Lesson: Grammar and Use of English | Day Trip Powerscourt and Glendalough | Departure |
| 10.00 - 10.15 | Break | Break | Break | Break | Break | | |
| 10.15 - 11.15 | Orientation | English Lesson: Reading Skills and Vocabulary | English Lesson: Reading Skills and Vocabulary | English Lesson: Reading Skills and Vocabulary | English Lesson: Reading Skills and Vocabulary | | |
| 11.15 - 11.30 | Break | Break | Break | Break | Break | | |
| 11.30 - 12.30 | English Lesson: Listening and Fluency Skills | English Lesson: Listening and Fluency Skills | English Lesson: Listening and Fluency Skills | English Lesson: Listening and Fluency Skills | English Lesson: Listening and Fluency Skills | | |
| 12.30 - 13.30 | Lunch | Lunch | Lunch | Lunch | Lunch | | |
| Afternoon | Multi Activity Horse-Riding programme* | Multi Activity Horse-Riding programme* | Multi Activity Horse-Riding programme* | Multi Activity Horse-Riding programme* | Multi Activity Horse-Riding programme* | | |
| Evening | | Bowling | | Irish Music Night | | | |

*Multi Activity Horse riding programme to include: Lessons, Dressage, stable management, Polocrosse, Trekking, Cross-Country & Competitions
Students attending the English & Horse-riding programme staying in residence will be offered a full evening activity programme.