



## Sample Programme (Host Family)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.00 - 10.30	Placement Test	English Lesson: Grammar and Use of English	English Lesson: Grammar and Use of English	English Lesson: Grammar and Use of English	English Lesson: Grammar and Use of English	Free Day	Day Trip Malahide Castle and Howth
10.00 - 10.15	Break	Break	Break	Break	Break		
10.15 - 11.15	Orientation	English Lesson: Reading Skills and Vocabulary	English Lesson: Reading Skills and Vocabulary	English Lesson: Reading Skills and Vocabulary	English Lesson: Reading Skills and Vocabulary		
11.15 - 11.30	Break	Break	Break	Break	Break		
11.30 - 12.30	English Lesson: Listening and Fluency Skills	English Lesson: Listening and Fluency Skills	English Lesson: Listening and Fluency Skills	English Lesson: Listening and Fluency Skills	English Lesson: Listening and Fluency Skills		
12.30 - 13.30	Lunch	Lunch	Lunch	Lunch	Lunch		
Afternoon	Multi Activity Horse-Riding programme*	Multi Activity Horse-Riding programme*	Multi Activity Horse-Riding programme*	Multi Activity Horse-Riding programme*	Multi Activity Horse-Riding programme*		
Evening		African Drumming		Disco			

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.00 - 10.30	Placement Test	English Lesson: Grammar and Use of English	English Lesson: Grammar and Use of English	English Lesson: Grammar and Use of English	English Lesson: Grammar and Use of English	Day Trip Powerscourt and Glendalough	Departure
10.00 - 10.15	Break	Break	Break	Break	Break		
10.15 - 11.15	Orientation	English Lesson: Reading Skills and Vocabulary	English Lesson: Reading Skills and Vocabulary	English Lesson: Reading Skills and Vocabulary	English Lesson: Reading Skills and Vocabulary		
11.15 - 11.30	Break	Break	Break	Break	Break		
11.30 - 12.30	English Lesson: Listening and Fluency Skills	English Lesson: Listening and Fluency Skills	English Lesson: Listening and Fluency Skills	English Lesson: Listening and Fluency Skills	English Lesson: Listening and Fluency Skills		
12.30 - 13.30	Lunch	Lunch	Lunch	Lunch	Lunch		
Afternoon	Multi Activity Horse-Riding programme*	Multi Activity Horse-Riding programme*	Multi Activity Horse-Riding programme*	Multi Activity Horse-Riding programme*	Multi Activity Horse-Riding programme*		
Evening		Bowling		Irish Music Night			

\*Multi Activity Horse riding programme to include: Lessons, Dressage, stable management, Polocrosse, Trekking, Cross-Country & Competitions  
Students attending the English & Horse-riding programme staying in residence will be offered a full evening activity programme.